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Lonely Planet India By Joe Bindloss, Mar	TOP TIP You can get Protected Area Permits in Rekong Peo with the agencies such as The Monk Travels (9805530056). For a fer agents will sort out your paperwork before sending you to the Commissioner's Office.	w hundred rupees,		
	Alpine Adventures On the trail to Chaka Meadows If you're training for longer treks or just want better views of the snow-clad Chaka Peak to the west of town, it's worth making the 2½-hour hike (each way) up to Chaka Meadows. A trail leads from Kalpa–Roghi Rd and up along a stream fed by Mt Chaka, through coniferous forests and meadows that fill with wildflowers in summer. Overnight camping is available during the summer season. You can arrange a local guide and book accommodation in advance through Raacho Trekkers (<u>raachotrekkers.com</u>).			
	Double Your Prayers Interfaith explorations Tibetan Buddhism and Hinduism coexist side by side in Kinnaur, and this is more apparent than in Kalpa. A five-minute walk from the town the Kalpa Monastery, a small complex that has been the site of a mor millennia (though the current structure dates to the 20th century). The are often closed to visitors, but you can stop to admire the white chorto before circumambulating the main structure clockwise, spinning its br along the way. Even if you don't get to see the interior, it's worth com architecture alone, which includes intricately carved wooden doors and by sloping pagoda-esque roofs. A mere two-minute walk from the gon Narayan-Nagini Temple has a similar aesthetic, blending intricate Ki pagoda-style roofs more commonly found at Tibetan temples and mon	centre takes you to nastery for three colourful interiors en at the entrance ass prayer wheels ing for the d archways crowned npa, the wooden nnauri carving and		
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Lonely Planet India : By Joe Bindloss, Mar :	sleeping bags and support staff who will cook you hot meals services, though you'll usually still need to carry some of yo clothing and water bottles. Well-reputed operators offering g Pradesh include Indiahikes (<u>indiahikes.com</u>), Banjara Exper (<u>banjaraexperiences.com</u>), Trekmunk (<u>trekmunk.com</u>) and R (<u>raachotrekkers.com</u>) in Kinnaur and Spiti. Day hikes or hikes that lead to established villages with g Ganga, don't generally require the services of a guide. How friend along or – at the very least – let someone at your gues going. You still may find it advantageous to go with a guide, learn about local flora and fauna or don't have a lot of exper	our own gear, including cutlery, group treks in Himachal riences Raacho Trekkers good infrastructure, such as Khir ever, you should still bring a sthouse know where you're , particularly if you want to	
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